



2017 AAU WINTER JUMP ROPE TOURNAMENT

Where: North Laurel Community Center, 9411 Whiskey Bottom Road, Laurel MD 20723

When: Saturday February 4, 2017 from 8:00 a.m. to 5:00 p.m.

Hosted by: Kangaroo Kids

Who Should Come? Anyone interested in competition Jump Rope for fun and jumpers wanting to get ready for the spring competition season. This tournament is for both Novice and Experienced jumpers.

Events: Separate Novice and Experienced Division* in each Age-Group and Gender
Individual Single Rope Events:
Speed – 1 Minute; alternate feet for each rope rotation
Power – 1 Minute - ages 14 and under, completed double unders are counted;
1 Minute - ages 15-22, completed triple unders are counted
Freestyle to music 60-75 seconds, music must be on an iPod, iPad or MP3 device.

*Novice = has never competed in an official jump rope competition

*Experienced = has competed in a previous official jump rope competition

Age-groups: 8 and under, 9-10, 11-12, 13-14, and 15-22; Separate Male and Female divisions
Age is determined by the competitor's age on June 15, 2017.

Awards: Gold medal to winner of each event, ribbons awarded for 2nd through 8th place
Participation ribbons for all participants.

Cost: \$40 registration fee, payable to Kangaroo Kids

Rules: 2017 AAU competition rules will apply. A copy of the 2017 AAU Jump Rope Rulebook (Handbook) can be downloaded from the web at www.aausports.org; click on Jump Rope.

Officials: Please note that for AAU Jump Rope Competition, one official must be provided for every 4 athletes competing from a team.

To Register: Entry Forms may be obtained from Michele Kratzmeier, Tournament Director, 410-489-5270 or KKidsTournaments@gmail.com.

Deadline: January 9, 2017 (Late fee \$10 for all late registrations) All entry forms to be sent to Kangaroo Kids – Attn. AAU Tournament, P.O. Box 321, Simpsonville, MD 21150

Spectators: Spectators are welcome at no charge

Concessions: Limited concessions available for purchase at this event and there are carry-out restaurants near the facility. Participants may bring their lunch or choose to pre-order lunch from Subway. Lunch Pre- Order form is available separately.

*Please note: this is not a qualifying tournament for the 2017 AAU Junior Olympic Games.

NOTES:

- ? This event is licensed by the Amateur Athletic Union of the U. S., Inc.
- ? All participants must have a current AAU membership.
- ? AAU membership may not be included as part of the entry fee to the event.
- ? AAU Youth membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
- ? Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event. Due to background screenings, please allow at least 10 days for membership to be processed.
- ? Participants are encouraged to visit the AAU web site www.aausports.org to obtain their membership.